

## THE NURSE'S ROLE PERCEPTION IN THE GUIDELINES OF THE "ENCONTRO COM O CUIDADOR" (MEETING WITH THE CAREGIVER)

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### ABSTRACT

**Introduction:** The cancer diagnosis for an individual causes many changes in the family context. Cancer is a complex disease and frequently the treatment and the disease itself are too aggressive, causing the patient to be dependent of a caregiver. This caregiver may be a family member or not and . The participation of the family is a fundamental factor so that the treatment can be carried out properly, providing an emotional, physical and psychological support to the patient, who often presents insecurity, fear, pain and a lot of questions. When the nurse becomes an educator to the patient and family, he or she is willing to break through the challenges the family is facing in order to decrease anxiety, the sense of responsibility and fear of the unknown with respect to the handling of medical devices, those of which his or her relative is utilizing. Therefore, the nurse as a health educator is expected to support programs targeted on the nonprofessional caregiver in order to prepare the caregiver to perform his role. A. C. Camargo Cancer center commenced a project aimed at the caregiver called "Encontro com o Cuidador", (Portuguese for "Meeting with the Caregiver") in order to clarify caregivers' questions related to devices used by patients and to demonstrate warning signs that indicate the need of the early return of patients to hospital for evaluation of a qualified professional.

**Objective:** Identify the caregiver's perception after the nurses' guidelines on medical devices that are used for the treatment of cancer patients at AC Camargo Cancer Center. Identify whether the caregivers' questions were clarified through a workshop and find out what devices the caregivers were more interested in.

**Method:** This is a retrospective, descriptive study with a quantitative approach to the caregiver's perception after guidelines on medical devices are presented. The sample will consist of all caregivers who participated in the "Encontro com o Cuidador" from January 2014 to December 2015. These meetings were held once a month, lasting 2 hours, performed by nurses who instructed to handle devices such as venous catheters, enteral and bladder probes, colostomies, drains and tracheostomy tubes. After the meeting, a satisfaction questionnaire is given with questions such as: "Did the meeting help you take your questions out?" "What device(s) were you most interested in?".

**Result:** The study is under data analysis process.