

Nurse navigator challenges in a multidisciplinary oncology clinic

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BACKGROUND: The oncology nurse navigator is the professional that provides individualized assistance to patients, families and professionals, seeking to eliminate barriers throughout the process. The diagnosis and cancer treatment are often a difficult journey, and the nurse navigator plays a key role in helping the patient to understand their disease and treatment, and one of their fields is during the multidisciplinary oncology clinic.

HYPOTHESIS: Describe the role of the nurse navigator in oncology as-directing multidisciplinary oncology clinic.

METHODS: This is an experience report prepared according to the contributions made by nurses at a private institution in São Paulo.

RESULTS: The first challenge is the appropriateness of the team composition to form the clinic; the evaluation and discussion should preserve the patient at different times and after the treatment option, the nurse must manage and conduct the follow-up of patients; Another challenge is the use of appropriate diagnostic resources and specialized staff for evaluation. Combined with the multidisciplinary team, nurse navigator can assist in reducing the impact throughout cancer treatment. Formulated strategies help in this process.